

Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Biscuit & Gravy Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Pancake Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Belgian Waffle Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Breakfast Hashbrowns 2 sl Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat English Muffin or Wheat Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat French Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Breakfast Bread Milk/Beverage
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
"Soup of the Day" Country Ham w/ Red Eye Gravy Corn on the Cob Green Beans w/ Bacon & Onion Fruit Cobbler (FR) Cornbread Beverage	"Soup of the Day" Salisbury Steak Mashed Potatoes Turnip Greens (A) Lemon Cream Pie Bread/Margarine Beverage	"Soup of the Day" Lasagna Italian Blend Vegetables (A) Garlic Bread Peanut Butter Brownies Bread/Margarine Beverage	"Soup of the Day" Sliced Roast Turkey Gravy Herb Stuffing Carrots (A) Iced Orange Drop Cookies Bread/Margarine Beverage	"Soup of the Day" Pork Chop Gravy Sweet Potato Casserole (A) Buttered Cabbage Dinner Roll Fruit Crisp (FR) Beverage	"Soup of the Day" Southern Fried Catfish Macaroni & Cheese Fried Okra Bread/Margarine Tartar Sauce Glazed Lemon Cake Beverage	"Soup of the Day" Hawaiian Meatballs Steamed Rice Sauteed Fresh Zucchini Chocolate Chip Cake Bread/Margarine Beverage
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Mandarin Tossed Salad (FR) Hamburger on Bun Relish Plate Baked Beans Sugar Cookies Ketchup/Mayo/Mustard Milk/Beverage	Tossed Salad/Dressing Tuna Salad Cold Plate Pasta Salad Pea Salad Seasonal Fresh Fruit Bread/Margarine Milk/Beverage	Balsamic Cucumber Salad Breaded Chicken Tenders Seasoned Green Beans Apple Brown Betty (FR) Margarine Milk/Beverage	Beet & Onion Salad Bacon, Lettuce & Tomato Sandwich Onion Rings Marinated Slaw Jell-O Cake w/Whipped Topping Milk/Beverage	Broccoli & Cauliflower Salad Cheesy Potato Soup Chef's Salad Biscuit Margarine Bread Pudding w/Vanilla Sauce Milk/Beverage	Autumn Gelatin Salad Grilled Ham & Cheese Sandwich Pickle Spear French Fries Garden Salad/Dressing Peaches with Whipped Topping Milk/Beverage	Garden Salad/Dressing Chicken Salad Cold Plate Cottage Cheese Bread/Margarine Swedish Pears Milk/Beverage
<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Biscuit & Gravy Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Pancake Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Belgian Waffle Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Breakfast Bread Breakfast Hashbrowns Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat English Muffin Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat French Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Breakfast Bread Margarine/Jelly Milk/Beverage
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
"Soup of the Day" Orange-Rosemary Pork Baked Potato Club Spinach (A) Angel Peach Dessert(FR) Dinner Roll/Margarine Beverage	"Soup of the Day" Broccoli Chicken Divan Buttered Pasta Frosted Red Gelatin Bread/Margarine Beverage	"Soup of the Day" Italian Meat Sauce Over Penne Pasta Mixed Greens (A) Angel Food Cake w/Fruit (FR) Cornbread/Margarine Beverage	"Soup of the Day" Meatloaf Gravy Mashed Potatoes Buttered Peas Cream Cheese Brownie Bread/Margarine Beverage	"Soup of the Day" Turkey Ala King over Biscuit Seasoned Green Beans Fruit Crumble (FR) Beverage	"Soup of the Day" Chicken & Dumplings Carrots (A) Marinated Cucumber & Onions Lemon Ice Box Pie Beverage	"Soup of the Day" Fried Shrimp Baked Potato Braised Kale Dinner Roll Mandarin Oranges Beverage
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Tossed Salad/Dressing Egg Salad on Croissant Chips Pickled Beets Ice Cream Milk/Beverage	Tossed Salad/Dressing Fish Sandwich Tartar Sauce Tater Tots Creamy Cole Slaw Banana Pudding (FR) Milk/Beverage	Tossed Salad/Dressing Taco Salad Spanish Rice No Bake Cookies Milk/Beverage	Tossed Salad/Dressing BBQ Pulled Pork Sliders LS Macaroni Salad Asparagus Cuts Fruit Cocktail Dinner Roll Milk/Beverage	Tossed Salad/Dressing Brown Sugar Mustard Glazed Smoked Sausage Parslied Buttered Pasta Mixed Vegetables Chef's Special Dessert Milk/Beverage	Tossed Salad w/Dressing Salmon Croquette Rice Pilaf Steamed Broccoli (A) Black Forest Cake Bread/Margarine Milk/Beverage	Tossed Salad/Dressing Cheeseburger on Bun Steak Fries Ketchup/Mustard Relish Plate Iced Raisin Bars Milk/Beverage
<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 15)	Monday (Day 16)	Tuesday (Day 17)	Wednesday (Day 18)	Thursday (Day 19)	Friday (Day 20)	Saturday (Day 21)
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Breakfast Bread Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Fluffy Pancakes Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Belgian Waffle Breakfast Bread Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Breakfast Bread Breakfast Hashbrowns Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat English Muffin Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat French Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Breakfast Bread Margarine/Jelly Milk/Beverage
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
"Soup of the Day" Spaghetti & Meatballs Italian Vegetables (A) Tossed Salad/Dressing Boston Cream Pie Garlic Bread Beverage	"Soup of the Day" Chicken Fried Steak w/Country Gravy Cinnamon Baked Apples Baby Carrots (A) Fruit Crumble (FR) Bread/Margarine Beverage	"Soup of the Day" Fiesta Hamburger Steak Roasted Redskin Potatoes Confetti Corn Frosted Gelatin Poke Cake Bread/Margarine Beverage	"Soup of the Day" Grilled Pork Chop Baked Beans Potato Salad Carrot Cake w/Cream Cheese Frosting Bread/Margarine Beverage	"Soup of the Day" Grilled Salmon Lemon Butter Sauce Long Grain & Wild Rice Blend Sautéed Fresh Zucchini Cinnamon Apple Gelatin (FR) Bread/Margarine Beverage	"Soup of the Day" Beef Pot Roast w/ Brown Gravy Au Gratin Potatoes Steamed Vegetables Peaches with Whipped Topping Bread/Margarine Beverage	"Soup of the Day" Chicken Piccata Spaghetti Noodles Broccoli w/ Garlic Butter (A) Mixed Berry Crisp (FR) Bread/Margarine Beverage
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Tossed Salad w/Dressing Pork Fritter Mashed Potatoes Lima Beans Fruit with Whipped Topping Bread/Margarine Milk/Beverage	Autumn Gelatin Salad Stuffed Tomato w/ Tuna Salad Cole Slaw Frosted Cupcake Crackers Milk/Beverage	Caesar Salad Garden Vegetable Soup Grilled Chicken Spinach Salad w/Strawberries Raspberry Vinaigrette Crackers Melon Cubes Milk/Beverage	Broccoli Apple Salad Sloppy Joes on Bun Tater Tots Tropical Fruit Milk/Beverage	Corn & Pea Salad Bratwurst on Bun Pierogies Peas & Pearl Onions Blueberry Crumble Bar Milk/Beverage	Tossed Salad/Dressing Three Cheese Grilled Sandwich Herbed Roasted Tomato Soup Lemon Layer Dessert Milk/Beverage	Mandarin Tossed Salad (FR) Quiche Lorraine Carrots (A) Seasonal Fresh Fruit Fruit Muffin/Margarine Milk/Beverage
<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!

Sunday (Day 22)	Monday (Day 23)	Tuesday (Day 24)	Wednesday (Day 25)	Thursday (Day 26)	Friday (Day 27)	Saturday (Day 28)
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Biscuit & Gravy Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Fluffy Pancakes Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Belgian Waffle Breakfast Bread Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Breakfast Hashbrowns Breakfast Bread Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat English Muffin Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat French Toast Margarine/Jelly Milk/Beverage	Assorted Juice Hot or Cold Cereal Egg of Choice Breakfast Meat Breakfast Bread Margarine/Jelly Milk/Beverage
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
"Soup of the Day" Beef Pot Roast Mushroom Gravy Carrots, Potatoes, Onions (A) Fruit Cobbler (FR) Dinner Roll/Margarine Beverage	"Soup of the Day" Pork Loin Gravy Apple Stuffing Brussel Sprouts Peach Pound Cake Bread/Margarine Beverage	"Soup of the Day" Roasted Chicken Creamy Risotto Peas & Carrots (A) Mandarin Oranges & Pineapple Bread/Margarine Beverage	"Soup of the Day" Country Style Ribs Roasted Corn w/Peppers & Onions Green Beans Cheesecake w/Topping Bread/Margarine Beverage	"Soup of the Day" Veal Parmesan Buttered Penne Pasta Fresh Roasted Asparagus Bread Stick Oreo Cookie Dessert Beverage	"Soup of the Day" Homemade Chicken Pot Pie Cinnamon Baked Apples Pineapple Upside Down Cake Bread/Margarine Beverage	"Soup of the Day" Ham & Potato Hashbrown Casserole Vegetable Blend Brownie Bread/Margarine Beverage
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Creamy Cucumber & Onion Salad Cuban Sandwich Seasoned Steak Fries Garnish: Pickle Spear Chocolate Chip Cookie Bar Milk/Beverage	Tossed Salad/Dressing Fried Fish Macaroni & Cheese Stewed Tomatoes Strawberry Mousse Milk/Beverage	Tossed Salad/Dressing Homemade Vegetable Beef Soup Crackers BLT Sandwich Sherbet Milk/Beverage	Avocado Tossed Salad Meatball Sub on Bun Tater Tots Oatmeal Cookie Milk/Beverage	Tossed Green Salad COUNTRY BREAKFAST Fruit Muffin/Marg. Fresh Fruit Cup Milk/Beverage	Caesar Salad Club Sandwich Potato Salad Mayonnaise/Mustard Lemon Bar Milk/Beverage	Tossed Salad/Dressing Tuna Melt Sandwich Herbed Roasted Tomato Soup Chocolate Peanut Butter Pie Milk/Beverage
<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>	<b>Evening Snack</b>
Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx	Fruit Drink Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!